



FRONTLINE

55

Annual Report
2023

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CHIEF EXECUTIVE'S REPORT



Stuart Fraser, CEO

2023 was another busy year for the organisation and it was very much business as normal following on from the last few years of COVID. There was continued success in the North Inner City where the new Alcohol Treatment Service continued to develop in conjunction with the HSE and very quickly hit capacity. On the success of working in this new CHO9 area, we also secured another initiative with the development of the role of Recovery Coordinator, which is a new post looking at developing integrated care pathways and a more recovery orientated system of care.

Our Addiction Services were asked to deliver, in conjunction with Merchants Quay, a new programme in Mountjoy Prison called the TARP Programme which has been overwhelmingly successful with high retention rates.

Our Social Enterprise continued to thrive in the retail unit and our extended workshop and training centre had further good news as it was awarded as an accredited City and Guilds Training Centre. We now provide accredited Level 1 and 2 Cycle Mechanics training to our participants.

The Social Enterprise project also broke new ground in developing a new outreach programme called Building the Bridge Project. This involved working with young people from North Wall and East Wall, who had been involved in gang fighting, and bringing them together to work in mixed teams to build bikes, Art Therapy and Restorative Justice work. This was done in conjunction with Youth Services, Garda Siochana and Dublin City Council.

In early 2023, the Children's Project team designed and established The Parent's Morning, which involves drop-in sessions for the parents/guardians of children who attend our service. The Parent's Morning aims to create a welcoming environment in which parents can get information and advice from staff, interact with other parents and in which they can engage in mindfulness/relaxation. Throughout 2023 several Parent's Morning sessions focused on children and the early years e.g. consistent routines, child development and behavior management.

The Children's Project team along with Joanne Drum (Education Officer) and Mags Harnett (artist) of The National Gallery of Ireland teamed up to deliver a series of four monthly sensory workshops from September 2023. In these workshops, participants were presented a painting along with resources and materials linked to the painting which the preschool children then explored and discussed.

We also became full owners of the Kavanagh House building in Inchicore as the HSE executed the deeds transfer to Frontline Make Change following a 21-year mortgage.

Ní neart go cur le chéile

Stuart Fraser
CEO

In 2023
we helped
351 people
make positive
changes in
their lives.



ABOUT **US**

Our Vision

Our Vision is to help people reach their full potential.

Our Mission Statement

Our Mission is to provide effective, evidence based services that have impact by not only improving the health of the individual, but has a lasting positive impact on the wellbeing of their families, friends and the communities in which they live.

Our Values

Frontline is a value driven organisation. We are committed to change, quality, honesty, innovation and integrity. These strong values are at the heart of all we do, because we believe in people's capacity to change. People who use our services are not just people with problems, they are partners, fathers, mothers, sisters, grandmothers, children, brothers, friends, work colleagues and carers.

Our Target Group

- 1 Those who struggle with a wide variety of substance misuse issues
- 2 Parents coping with substance misuse and their children
- 3 Family members
- 4 Inter agency / Community work.

Our Strategic Goals

- 1 To provide a safe environment where people affected by substance misuse can explore in a non-judgmental way the issues that are impacting on their lives.
- 2 To promote opportunities for individuals to move out of the cycle of addiction.
- 3 To develop opportunities for children and young people to reach their full potential.
- 4 To identify gaps in service provision and initiate local and national responses.
- 5 To promote a better understanding of how the substance misuse problem impacts locally and increase the community awareness of drug and alcohol issues.
- 6 To develop the structures, roles and responsibilities in accordance with the strategic plan.

OUR TEAM



Chief Executive Officer

Stuart Fraser

Addiction Team

Corrine Doyle – Clinical Service Manager

Sabrina O'Neill – Senior Addiction Practitioner (Kavanagh House)

Katie Dawkins – Addiction Practitioner (Kavanagh House)

Tom Long – Addiction Practitioner (Kavanagh House)

Jessica Wade – Addiction Practitioner (Kavanagh House)

Jason Campbell – Community Prison Links Worker

Alison McNulty – Senior Addiction Practitioner (Bluebell)

Jason Gallagher – Addiction Practitioner (Bluebell)

Aidan Collins – Senior Addiction Practitioner (North East Inner City)

Sinead Levins – Addiction Practitioner (North East Inner City)

Ciarán Mc Gee – Addiction Practitioner (North East Inner City)

Sonya Dillon – Recovery Coordinator CH09



Childcare Team

Rachel Wasser – Childcare Manager

Aoife O'Brien – Childcare Practitioner

Abaigh Connell – Childcare Practitioner

Akila Razak Issa – Childcare Practitioner

Sandra Gaffney – Childcare Practitioner

Frontline Bikes

Eimear Byrne – Finance and Business Manager

Daire O'Flaherty – Bike Shop Manager

Andrew Allen – Bike Operations Manager

Ger McBrearty – Assistant Manager (bike shop)

Paul Longworth – Bike Mechanics Trainer

James Basset – Head Mechanic (bike shop)

Karolis Raila – Bike Mechanic (bike shop)

Darren Raymond – (part-time)



Administration & Household Team

Eleanor Burke

– Finance and Administration (part-time)

Kevin Forde-Quinlivan – Reception

Marketing

Judith Ritchie

– Digital Marketing Executive (part-time)

Sessional Staff

Deirdre McCormick

– Integrative Counsellor / Art Therapist

Community Employment

Vincent Glusinkas

OUR BOARD MEMBERS



Stuart Fraser
CEO

Stuart Fraser has been at the helm of Frontline since 2016; taking the organisation from strength to strength in that time. Prior to his work with Frontline, Stuart garnered over 25 years' experience working in healthcare and specifically drug treatment services, initially as a nurse and subsequently in various management positions. Stuart's experience spans the NHS, and various social enterprises, development associations and initiatives in Scotland, England and Ireland. Stuart has strong strategic leadership credentials, having held the position of Chairman of the Board for the Irish Social Enterprise Network for 6 years, and Chairman of the Board for Community Response for 6 years, where he led two successful strategic plans that repositioned the organisation.



Aodan Bourke
Chairman

Aodan Bourke is Chairman of Frontline's Board. Aodan brings to the board over 20 years' experience in business, finance and accounting from his work with large development and construction companies throughout the world to his setting up and managing of the property services business, Regency Group. While working with Multiplex in the UK, Australia and the Middle East Aodan managed all aspects of the group's financial, tax, legal and structural aspects of developments as well as being a key player in the Initial Public Offering of the group in 2003. In more recent times he has worked with various developers and banks to assist with the workout of property since the property market collapse in Ireland. Aodan's background is chartered accountancy, training with KPMG, qualifying in 1998.



Colum Ward
Director

Colum Ward brings to the Board his experience and expertise as a Chartered Accountant of 14 years PQE with C-Suite and Board level experience. Colum has over 18 years' experience in Financial Services, 13 of which were in the insurance industry, with leadership expertise in operations, business restructuring, regulatory reporting, compliance, tax, and financial analysis. Colum is an approved person from a Central Bank of Ireland perspective, currently approved PCF 11 Head of Finance and PCF 43 Head of Claims. Colum has lead diversity and inclusion programmes within his workplaces, including the delivery of initiatives on mental health, LGBT issues and cultural identity.



Michelle Licciardi
Director

Frontline's Board benefit from Michelle Licardi's extensive experience working with and developing social enterprises on behalf of Dublin South City Partnership. In her current role as the Partnership's Enterprise and social enterprise Officer, Michelle identifies and nurtures potential social enterprise ideas through business planning, and operational and strategic management support. Michelle, who began her career as a Marketing professional in the private sector, sits on the Board of several non-profits, and tutors students in DCU on Entrepreneurship and Emerging Technologies. Michelle has a detailed understanding of Dublin's social enterprise ecosystem and has an extensive network within it.



Mary-Jane Halpin
Director

Frontline's Board benefit from the invaluable HR expertise of Mary-Jane Halpin. Mary-Jane is also the Director of Human Resources and Business Change at Cornmarket Group Financial Services Ltd, one of Ireland's largest insurance brokers serving the financial needs of Public Sector employees. Prior to joining Cornmarket, Mary-Jane was HR manager at Matheson for five and a half years.



Leo Philomin
Director

Leo Philomin is a priest appointed as the Moderator of the Pastoral Area of Inchicore-Bluebell, working as part of a team of Oblate priests and associates in the areas of St Michael's, Mary Immaculate and Bluebell Parishes. Prior to arriving in Inchicore, Leo worked in Darndale Belcamp parish for nine years and was a board Director on The Dales Centre (the Darndale Belcamp Drug and Alcohol Awareness Project). Leo was born in Sri Lanka, grew up in London and worked in Edinburgh, London and Birmingham prior to being stationed in Dublin

Frontline Make Change CLG (Frontline) is constituted as a company limited by guarantee without a share capital. Its purpose, objectives and how it conducts its business are set out in its Memorandum and Articles of Association which establishes the objects and powers of the company. The Company is registered with the Charities Regulator and has charitable tax status with the Revenue Commissioners CHY 15068.

Frontline’s Board members, management and staff are focused on delivering quality outcomes. Our vision is that everyone should have the opportunity to overcome addiction and live a fulfilled and productive life – in practical terms this means being with family, friends and positive relationships, in housing, with a job or in education or training. This is where our services are targeted.

Structure, Governance & Management

Frontline is committed to maintaining high standards of corporate governance and stewardship and has taken action to ensure that the organisation is fully compliant with the principles outlined in the requirements of The Governance Code for the Community, Voluntary and Charitable Sector, and the Charities Governance Code issued by the Charities Regulator.

We comply with the Statement of Recommended Practice for Accounting & Reporting by Charities (SORP) alongside the Governance Code and Fundraising Principles and the General Data Protection Regulations. Members of the Board of Directors, all of whom are non-executive, are drawn from diverse backgrounds and bring a broad range of experience and skills to the Board's deliberations. A review of the organisation's compliance with the principles of each Code is conducted annually. Frontline recognises that active compliance is an ongoing and continuous task where, as an organisation, we seek to achieve constant standards of excellence.

Board Standing Committees

The board is assisted in its work, ensuring good governance and quality service delivery is maintained, through sub committees and working groups. Board sub-committees comprise of Board Directors and external co-optee's for expertise, where required.

Governance

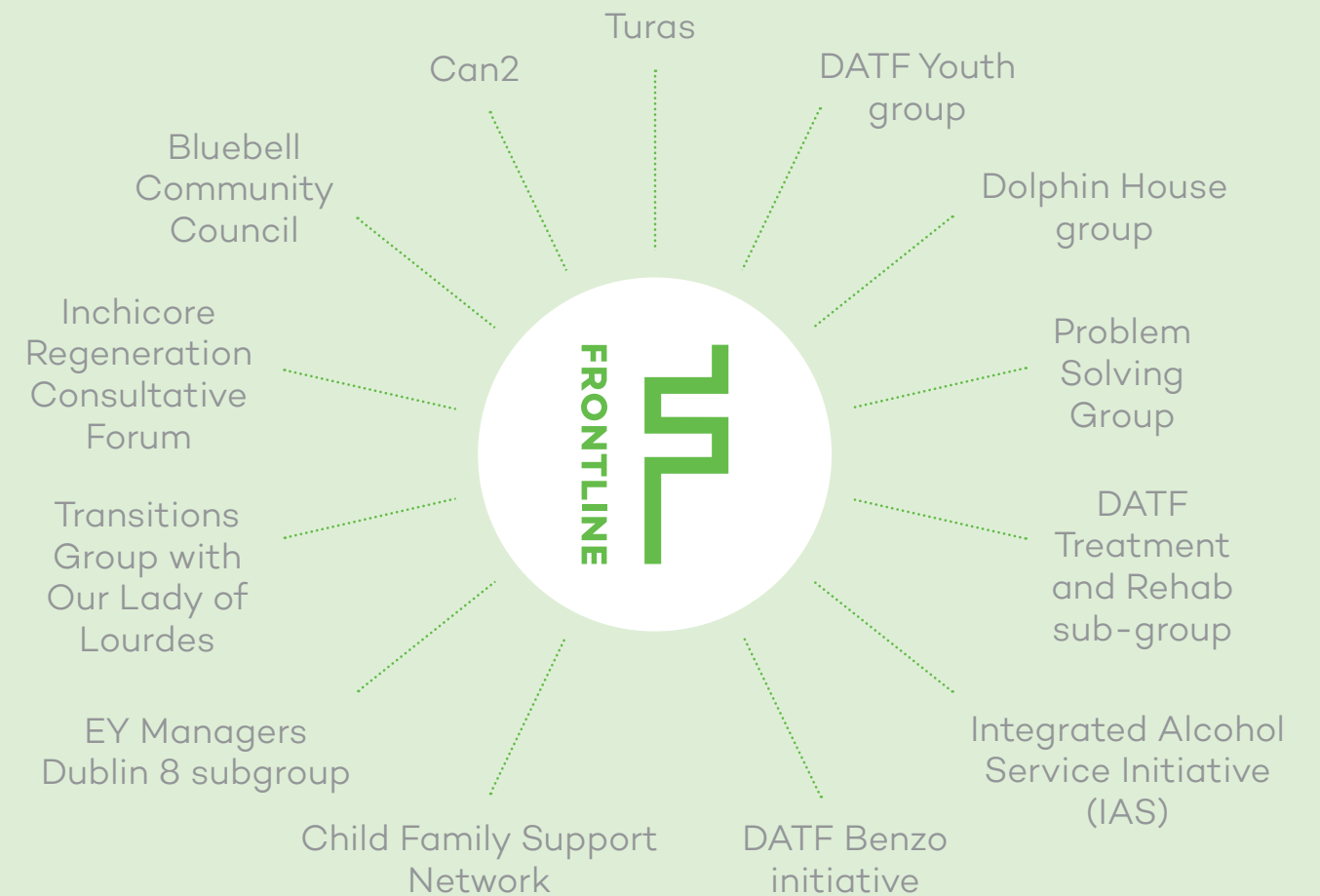
In 2023, the following Board Standing sub-committees met quarterly:

Finance Committee

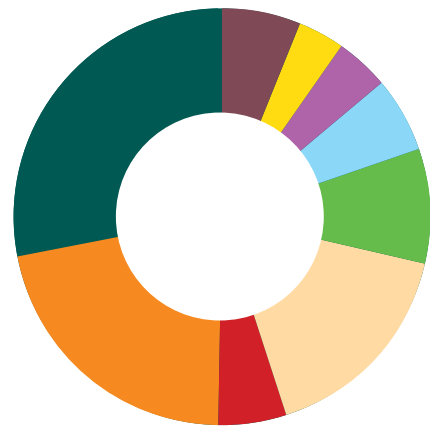
Colum Ward (Chair), Stuart Fraser and Eleanor Burke.

OUR COMMUNITY INVOLVEMENT IN 2023

We continue to be the voice of those struggling with substance misuse and their families. Throughout 2023 we represented Frontline on the following local committees / sub-groups:

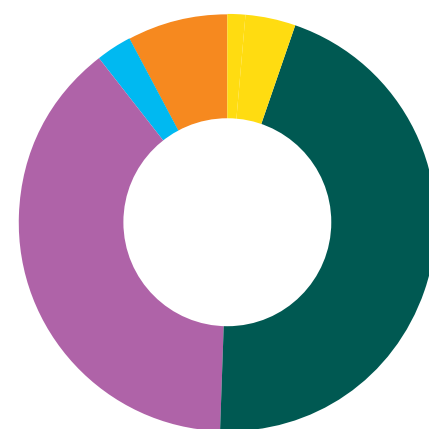


OUR SERVICES DELIVERED IN 2023



Interventions with clients in 2023

Brief Intervention	6.2%
Art Therapy	3.8%
Admin	5.7%
Other	8.8%
Text	16%
Professional Phone Call	5%
Phone Call	21.1%
Keyworking	27.1%



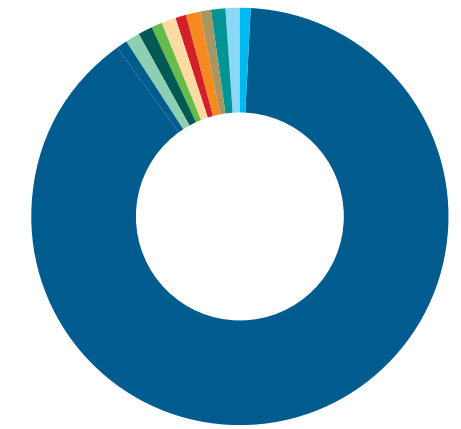
NEIC

Assessment	3.96%
Keyworking	45.95%
Phone call	39.38%
Text	3%
Other	7.67%



Area of focus – Kavanagh House / Bluebell

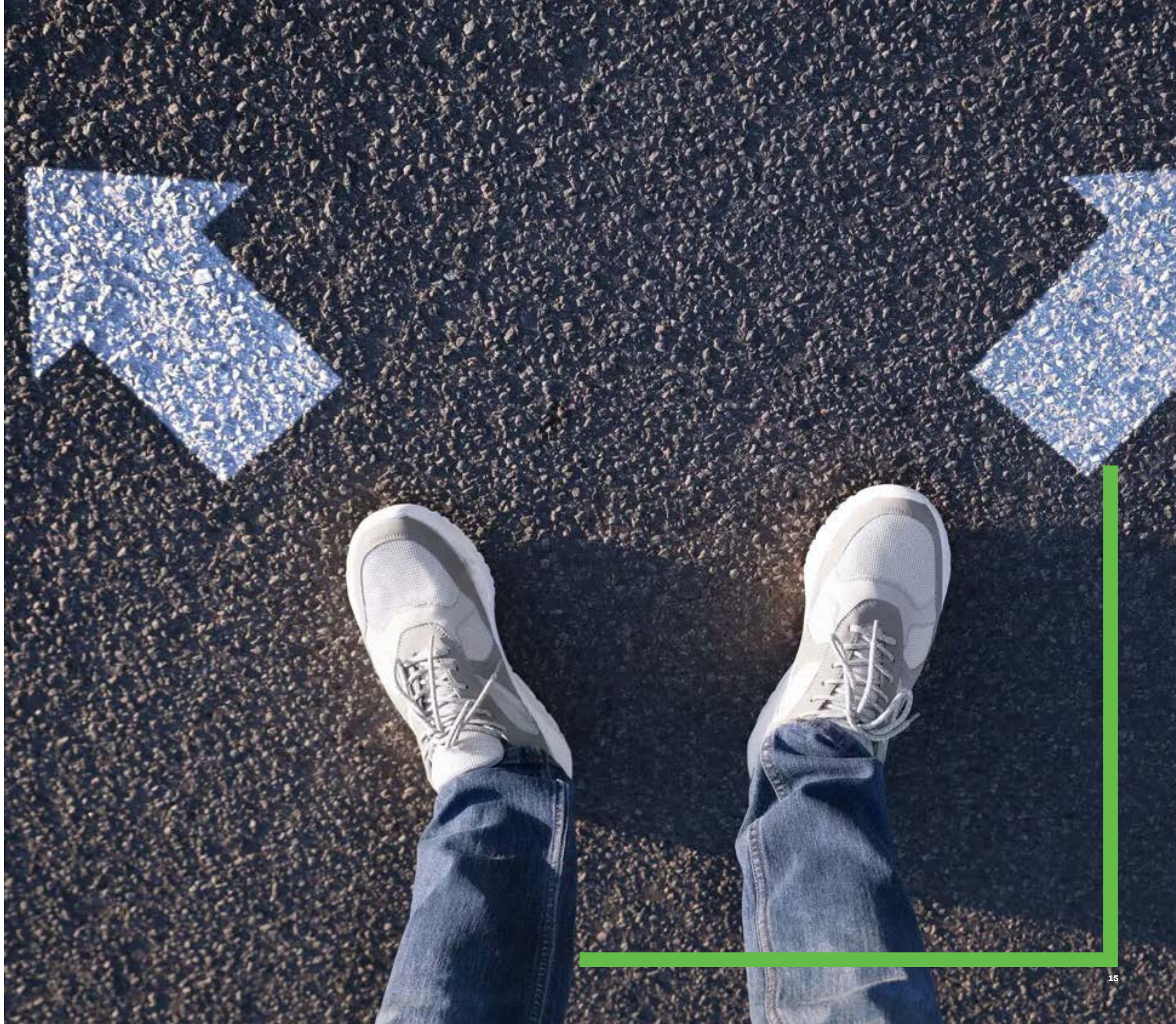
Justice and Legal Issues	3.12%
Family and Relationships	3.5%
Mental Health/Wellbeing	10%
Drugs	40%
Alcohol	23.53%
Social Supports	10.51%
Other	9.44%



Area of focus - NEIC

Alcohol	90%
Accommodation	1%
Drugs	1%
Education and Training	1%
Employment	1%
Family and Relationships	1%
General Health	1%
Income and Financial Situation	1%
Justice and Legal Issues	1%
Mental Health/ Wellbeing	1%
Social Supports	1%

In 2023 drugs was the focus of our services in Bluebell and Inchicore. Alcohol was the focus of work for our NEIC service.



ADDICTION SERVICE REPORT

Community Prison Links

Our Community Prison Links service supports service users currently in prison through to their release and beyond. The service is an essential part of their reintegration into society. We continue to work proactively to develop an open and trusting relationship with these clients and their referrers.

We welcomed the return to in-person meetings in 2023 – these are important for relationship building, measuring progress, care planning, and ensuring the smoothest reintegration into the community at the end of a prison sentence.

Our Community Prison Links worker (CPL) continues to network and build relationships with prison services including the Integrated Service Management Team, addiction counsellors, resettlement teams, IASIO, and probation service as well as the training education offices. Frontline's meetings with and inputs to Dublin-based prisons promoted the organisation's service including CPL work, our addiction service, case management, and social enterprise which offers people a pathway to training and employment in bicycle mechanics.

In February 2023 Frontline was approached and asked to partner with Merchants Quay Ireland and other stakeholders to deliver a refreshed in-house treatment programme. Since March, our CPL worker and another staff member have delivered an in-house Treatment and Recovery Programme (TARP) to prisoners in Mountjoy Prison. TARP aims to help prisoners who are looking to address their substance use and to prepare them for release back into the community. To date, we have supported the delivery of 6 successful groups (each running for 7-week periods). Each group consists of 9 participants; out of the 6 groups, 54 participated, and 49 completed and went on to graduate. Additionally, aside from the positive mental and physical impacts for participants, there have been some positive outcomes such as entry into treatment and preparation for release into the community.

NEIC

Our North East Inner City service is part of the Integrated Alcohol Service (IAS). This is a collaboration between state agencies and voluntary services and aims to provide wraparound support and onward progression to those experiencing difficulties with their alcohol use. The initiative arose following a needs analysis of the area and as a response by HSE CHO9 to work towards early identification and intervention, with a focus on easing the burden on acute hospital and primary health care services. The IAS works to engage hard-to-reach problematic alcohol users with a focus on those who 1) fall through the net and 2) individuals who present to A+E and associated services (which aim to identify and engage people early on).

The hub provides:

- Access to a community-based alcohol detox with an onsite GP and nurse practitioners.
- Assessment and appropriate treatment options.
- Onsite alcohol support including key working and case management.
- Counselling
- Onwards progression
- Health and wellbeing supports
- And our newest venture – an aftercare service – guided by a standardised approach across the CHO area will be up and running in early 2024

2023 saw further embedding of our service in the North Inner City. As Frontline's alcohol service is part of the IAS and is based in the alcohol hub in Dublin 1 with other stakeholders, the service and work of staff were impacted by external resourcing and imbedding issues. Once additional staff came on board and processes were put in place, such as the centralised place referral system, the service got extremely busy which is reflected in the overview statistics. Frontline continues to play an integral part in the wider IAS hub through their Frontline work and engagement in stakeholder meetings.

Recovery Coordinator CHO9

Frontline's Addiction Service's newest venture for 2023 saw further expansion of services with a new focus on recovery. In late 2023 we hired a Recovery Coordinator who has the brief of the efficient and effective coordination of recovery services and initiatives in Dublin North City and County. The position is one of the first of its kind and will be guided by a strategic plan which will be ready in early 2024. The overarching themes of the position and strategic plan will include:

- Developing recovery-orientated systems of care for use in both HSE and section 39-funded
- drug services.
- Scoping the potential for and developing new recovery-based, work-related initiatives for individuals with a background of addiction and/or in the stages of recovery.
- Supporting the development of a Recovery Hub and network.



Counselling

During 2023 our in-house counselling service ceased due to our volunteer counsellor moving on. As there is no dedicated counselling service in the area and due to receiving no additional ongoing funding for counselling, we were fortunate to benefit from the support offered by the local DATF. This meant a number of clients were able to access short specific periods of counselling with the goal of supporting their care plan, which was of huge benefit to all. Thankfully this once-off funding has carried into 2024. Additionally, in the absence of the above, our Clinical Services Manager was able to link with individuals as part of a wider care plan and offer short pieces of work aimed at preparation and sign-off for treatment.

Drop-In

Throughout 2023 we continued to provide a drop-in service for our clients in Kavanagh House and Bluebell. Clients can have tea/coffee, a hot meal, and a chance to socialise in a non-judgemental environment. The drop-in is often the first port of call for new clients. Through this space, they often engage further through key working and one-to-one sessions.

Clients' engagement in drop-in has changed since the pandemic. As a response to this, throughout 2023 we trialled targeted avenues to engage clients in our drop-in space such as a Breakfast Morning and Parents Morning. The Parents Morning is a joint initiative with the Children's Project.



Christmas Tree of Memories, Hopes & Wishes

Our annual Christmas Tree Lighting Ceremony took place on Monday 11th December. This is an important night in our calendar allowing us to remember those who have passed away and who are no longer with us at Christmas time. The yearly initiative is coordinated in conjunction with the Family Resource Centre and St Michael's church and is funded by Dublin City Council and local services. On the night the local community and services in the area gathered around the tree at St Michael's church where there were poetry readings, carol singing, and reflections. Stars were hung on the tree by friends and family of those who have died. The tree was lit by St. Patrick's Athletic Club footballer Chris Forrester and all who attended were treated to hot drinks, food and small gifts for the children. This year there was a raffle held on the night with prizes kindly donated by local businesses in the area.



Frontline Connections Programme

Frontline Connections is a psycho-educational 12-week stabilisation programme which runs two mornings and two afternoons per week. The programme is for individuals over 18 who are in recovery or are motivated to change their substance use and wish to explore further training, employment or education, or treatment.

The overall therapeutic approach is a person-centred group process combined with evidence-based approaches such as cognitive behavioural worksheets, motivational interviewing techniques and psycho-educational topics. There is a particular focus on the role of mental health in relation to addiction, with the group focusing biweekly on psychological issues that contribute to or in some cases directly leading to addiction. These are paired with classes designed to give participants an insight into the psychology of addiction itself and to learn practical coping skills within this cycle.

The programme layout focuses on four key areas of development and each area is provided in a four-week block. These areas are, Stabilisation, Health (Physical and Mental), Personal Development and Progression & Choices.

Frontline Connections run twice yearly and coincides with our 8-week pre-entry programme, the Addiction Support programme (previously known as the Make Change programme). The pre-entry programme runs one morning and one afternoon a week and focuses on preparing participants for change. The syllabus covers areas such as triggers, SMART goal planning, coping and craving mechanisms, self-esteem and thinking choices.

Recovery Day and Walk

In 2023 the organisation as a whole – addiction, childcare and our social enterprise Frontline Bikes – focused on supporting and promoting recovery.

In September we attended the National Recovery Walk and Bike Mechanic Trainer Paul and CEO Stuart led the walk by cycling our Frontline cargo bike down O'Connell Street, finishing up at Merrion Square Park. The walk is an inspiring event and a display of solidarity and support that highlights the collective journey towards recovery.

Following the National Recovery Walk we held our first Frontline Make Change Recovery Day event in our Bluebell offices. The event was organised across the three pillars of the organisation and was a massive success. It started with a local recovery walk, where a number of staff, parents, and children who attend our Children's Project, and external people walked locally raising awareness of recovery, all wearing purple and having a sing-a-long. Following this, participants received inspirational talks from Pat O'Brien - a recovery coach, and the well-known recovery advocate Sean Kinsella. This was followed with live music and poetry written by our clients, food and fun for the children which included a bouncing castle, face painting and ice cream.

As this was a whole organisation approach to recovery it meant staff and clients from all three strands of the organisation helped plan and attend on the day and is an event we aim to build on year on year.

International Overdose Awareness Day

International Overdose Awareness Day

In preparation for International Overdose Awareness Day, and to raise awareness of the day, the addiction team and Children's Project partnered up with the HSE to deliver the friends and family training to the families who access our project. This was broken into two parts: the first part was a CPR training for the children, and the second part was CPR training and Naloxone* information for the parents. Not only did this raise awareness of life-saving medication and interventions, it also helped start conversations. This was followed by an art piece with identified families that was and will continue to be used to raise awareness of Naloxone.

*Naloxone is a medication that can help reverse the effects of an opioid overdose. For more information please see <https://www.drugs.ie/resources/naloxone/>

Naloxone

In 2023 three staff members received training in Naloxone. Frontline's Clinical Services Manager also received Train the Trainer training and is now able to, with the support of their colleagues, deliver training to clients and the community.

Throughout 2023 Frontline made it a focus of our work to spread the word about Naloxone and start the conversation with clients and those who may not necessarily know about the product. Naloxone training has been adopted into our stabilisation programme where clients receive x2 sessions during the 12-week programme. It is also delivered as one of the sessions in our TARP programme in Mountjoy. In 2023, we also offered information sessions on Naloxone to the community throughout Drug and Alcohol Awareness Week.

Bridge Project

Frontline's addiction service and social enterprise completed a pilot of the Building The Bridge Project – a joint initiative involving Frontline Make Change, Dublin City Council, Community Garda, Swan Youth Service and St Andrews Youth Service.

The idea for the project arose in response to youth antisocial behaviour and gang violence in parts of Dublin city. The objective of the project was to bridge relationships with the young people involved through a combination of bike building, bike maintenance, restorative practice and art therapy.

The restorative practice offers an inclusive approach that focuses on promoting positive relationships and building connections in a safe and supportive environment. By facilitating open and honest communication, the participants gain a better understanding of each other's perspectives which can lead to improved relationships, as well as the opportunity to address the underlying issues that are causing the disputes.

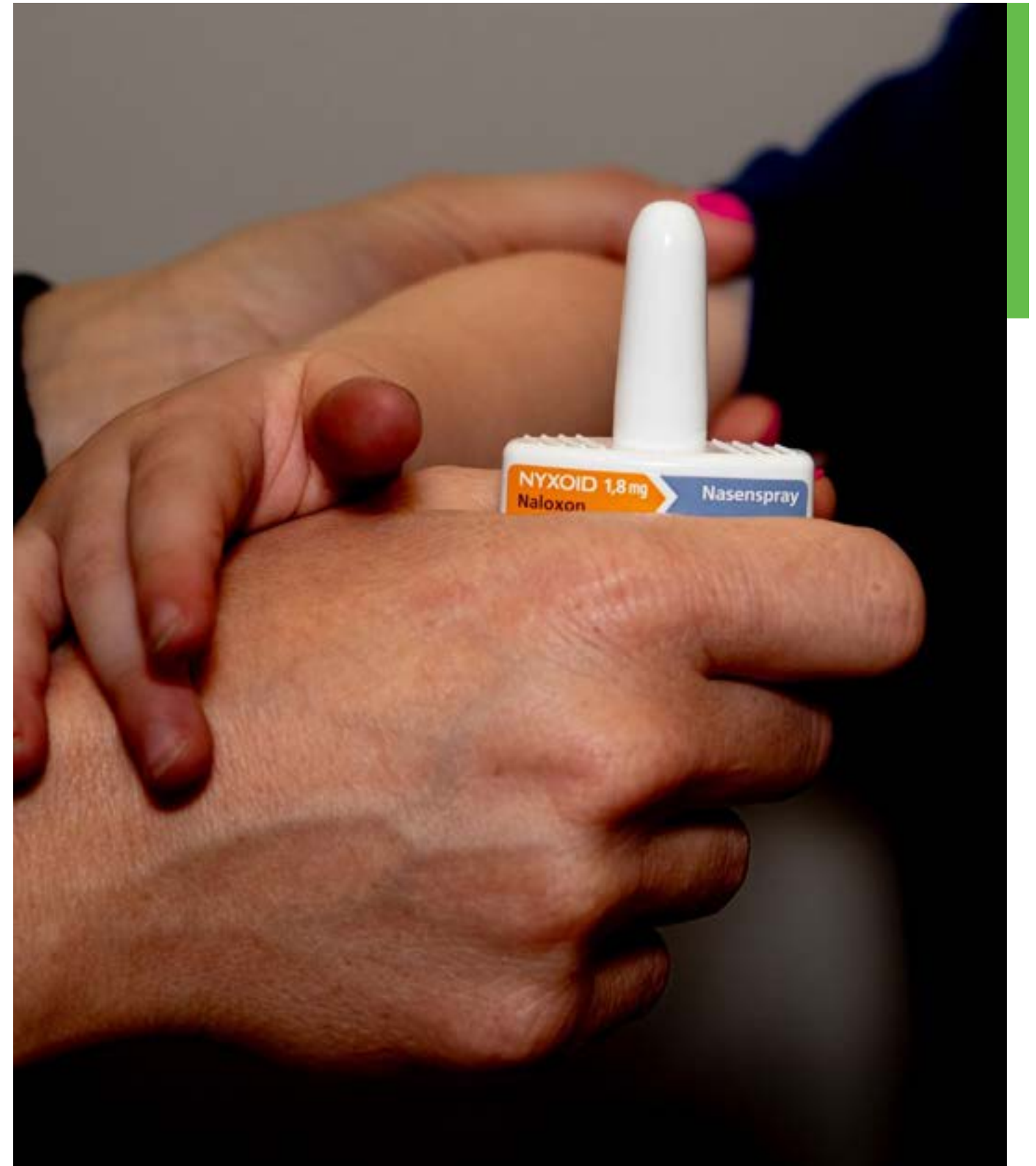
The pilot project ran for 8 weeks and at its conclusion, the young people were presented with certificates of achievement and were able to keep a bike they had built themselves.

Participants in this project stated: "this has changed my perspective on things", "I learned a lot about self-esteem", "It was great having something to look forward to"

Operational plan

Frontline launched its new strategic plan in May 2022. This is a whole organisational plan focusing on areas of work for the coming years. The addiction team kicked 2023 off with a whole day planning session looking at our existing service and planning for the year, this formed the 2023 operational plan. In addition to our day-to-day work guided by our SLA, 2023 saw a focus on engaging with new clients, building, and maintaining new and existing relationships, and looking at new areas of work. These included:

- Setting up a weekly SMART Group.
- Focusing on recovery by embedding it into our daily work.
- Expanding our services into the prison – offering a weekly session to participants on the TARP group (Treatment and Rehabilitation Group) in conjunction with MQI Ireland. This is particularly exciting as Frontline is the first community-based service to be asked to participate in such an initiative.
- Naloxone training was introduced into our programmes (Connections and Tarp) and in 2023 we were able to train around 60 service users. We also offered some community training which will continue into 2024.



Each child's needs are met using individual, tailored care plans designed by The Children's Project Team, with support of the parents.



CHILDREN'S PROJECT

Introduction

In January of 2023, the afterschool children took part in the Little Fitness programme run by Sinéad Ryan. The programme was designed by Sinéad to be inclusive of children who may face barriers in their community. It aims to teach children about their bodies and fitness in a safe space through weekly activities, games, and themes.

In early 2023, the Children's Project team established The Parent's Morning - a drop-in session for the parents/guardians of children who attend our service. The Parent's Morning aims to create a welcoming environment in which parents can get information and advice from staff, interact with other parents and engage in mindfulness/relaxation. In 2023 the sessions focused on children and the early years e.g. consistent routines, child development and behaviour management. In addition to this, holistic sessions were facilitated for the parents including breath work classes, self-care and chair massages.

The Children's Project team along with Joanne Drum (Education Officer) and Mags Harnett (Artist) of The National Gallery of Ireland teamed up to deliver a series of four monthly sensory workshops from September 2023 to the preschool children as part of a pilot project. The pilot was a great success, and we move into 2024 with a fully formed project, The Artline Project, which will continue the monthly workshops and include on-site visits to the National Gallery of Ireland. "The Gallery's workshops allow children to access the art of their national collection at their own level, and to feel a sense of ownership and belonging, as well as encountering hands-on artistic experiences." (Joanne Drum, Education Officer).



RAISE-ing the roof

The children who attended the Children's Project were very busy raising funds throughout the year for different charities. The team believes that empowering children to give back to their communities is a wonderful experience and helps to develop their sense of accomplishment and social responsibility.

The preschool children took part in Barnados Big toddle in June 2023 and raised €120 for children in need. The Big Toddle campaign includes an annual sponsored walk, in which Early Years services across the country participate, to raise money for vulnerable children. The children and their families toddled around Dublin Zoo for the day and raised much needed funds for many families in the country. "Your fundraising efforts will be helping us to continue our work with over 16,800 vulnerable children and families this year. The funds you have raised will be supporting Barnardos' Early Years services to give young children we work with the very best start in life. Because childhood lasts a lifetime." (Rachel, Barnardos).

In July of 2023, the afterschool children had a brilliant idea to organise a bake sale in aid of the DSPCA who they were preparing to visit. The children engaged in every step of the fundraising process which enhanced the overall experience. They were busy baking in the days leading up to the bake sale and hosted their own stall within Kavanagh

2023 was a year of excitement and growth for the Children's Project. The year was packed with some new and some long-standing initiatives for the children who attend and for their families. These initiatives and experiences were established to benefit those who engage in our service and were driven by the dedicated Children's Project team.

House which was open to the public, clients, and staff. The bake sale raised €110, which was donated in person during the children's visit to the DSPCA site in Rathfarnham.

The preschool and afterschool children participated in National Pyjama Day with Early Childhood Ireland in November of 2023. The children (and staff) got dressed up in their comfiest pyjamas and slippers for the day and raised €85 for Ireland's national Autism charity AslAm. 2023 marked the 20th anniversary of National Pyjama Day, which has raised over €4 million to date, we are extremely proud of the children who attend our service for the part they have played in this over the years.

In December of 2023, the afterschool children participated in the Richmond Barracks craft fair. The children made their own Christmas decorations,

cards, wreaths and paintings and sold them at the fair. The children's earnings of €450 which will go towards new materials/resources and a pizza party. The children also had a wonderful idea of donating 10% of the money they raised to a charity of their choice in 2024.

In addition to raising funds, the Children's Project raised lots of awareness in 2023. The children, staff and families linked up during the year with the wider Frontline Make Change organisation to raise awareness for important causes. In August 2023 the Addiction team and Children's Project team collaborated to mark International Overdose Awareness Day. The afterschool children received basic first aid and CPR training and the preschool children and their parents took part in a photoshoot that was used to raise awareness on Naloxone.



Summer Project and trips

Every year the Children's Project team cram as much fun as possible into the summertime, putting great time and effort into providing the children with memorable experiences and 2023 was no exception. The children took part in tours and activities that they had chosen themselves, ensuring that their voices were heard and that they felt a sense of ownership in the Summer Project.

The afterschool children enjoyed trips to Splash Valley Aqua Park, Bounce and Beyond Trampoline Park, the cinema and a 5-night stay in Carlingford Adventure Centre. The trip to Carlingford was the highlight of the summer for the afterschool children. They enjoyed archery, laser tag, kayaking, axe throwing and much more while there. The preschool children had visitors including a mobile farm and a superhero face painter/entertainer from Genie Mackers.



Frontline Bikes continued to thrive during 2023



Frontline Brand Launch, December 2018

FRONTLINE BIKES REPORT

Frontline Bikes continued to grow and put people from the local community with a history of addiction back to work throughout 2023.

2023 was another busy year for Frontline Bikes. The retail unit in Inchicore had a successful third year of trading and our training and upcycling centre completed its first full year of activity. The retail unit carried out over 3,000 bike repairs and sold 300 upcycled bicycles. This level of activity ensured an overall net profit in the year. Frontline Bikes also donated over 100 children's bikes to the Kippure Direct Provision centre, a collaboration of which we are very proud to be a part of.

2023 saw an opening arise for the role of Bike Operations Manager, which we were delighted to have filled by Andrew Allen. Andrew, along with our bike mechanics trainer Paul Longworth, took our training centre to a greater level by installing additional training stations and implementing some welcome new ideas. Frontline Bikes also onboarded Darren Raymond as a part-time employee from our training scheme and Darren has been a welcome addition to the team. Frontline Bikes staff members are made up of fully accredited bike mechanics who look after upcycling and bike servicing needs. In 2023 two of our team also qualified in Train the Trainer QQI Level 6.



Our operation continued to engage in community events during 2023. In March we were delighted to provide sponsorship to Migraine Ireland's cycle event. The cycle was held in the Avon in Blessington and we even got to assist the great Nicolas Roche by lending him a saddle, as his was damaged in transit. May 2023 saw Frontline Bikes provide free tune ups to children in the community to mark the annual Bike Week event, and June 2023 saw us invited by Councillor Mark Lynch from the Green Party to partake in a South Dublin Sustainability Event where our CEO Stuart Fraser and Paul Longworth highlighted the good work we do. September saw our retail unit win second prize in the South Central Neighbourhoods Competition, while we also provided free tune ups at Frontline's first ever Recovery Month event which was held onsite at our Upcycling and Training Unit. December saw us launch our Sustainable Christmas Shopping campaign with Christmas themed bikes built by our trainees in the Bluebell centre.

During the summer the Upcycling Unit facilitated the Bridge Project - a youth rehabilitation programme - sponsored by Dublin City Council. The goal of this programme is to impart new skills by engaging youth projects from North and East Wall and guiding them through some modules of the City and Guilds accreditation programme, along with the building of their own custom fixie bike frames from scratch. Frontline was delighted to call this a success.

In addition to being the base for Frontline Bikes upcycling and training facility, the Bluebell unit continued as a hybrid facility, with a team of addiction practitioners on site. This supports the trainees in the bike mechanics training programme to maintain their addiction recovery. The facility also hosts Frontline's bi-annual 12-week addiction stabilisation programme; a drop-in centre; weekly SMART recovery sessions and Art Therapy on a weekly basis.



AUDITED FINANCIAL STATEMENTS

for the financial year ended 31 December 2023

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REFERENCE AND ADMINISTRATIVE INFORMATION

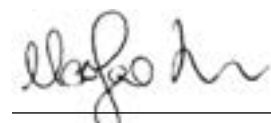
Directors	Aodán Bourke (Resigned 28 May 2024) Michelle Licciardi Colum Ward Mary-Jane Halpin Leo Philomin
Company Secretary	Leo Philomin
Charity Number	CHY 15068
Charities Regulatory Authority Number	RCN 20050979
Company Registration Number	307103
Registered Office and Principal Address	Kavanagh House 135 Emmet Road Inchicore Dublin 8
Auditors	Byrne O'Byrne Accounting & Tax Advisors Limited Certified Public Accountants and Statutory Audit Firm 222-224 Harold's Cross Road Harold's Cross Dublin 6W
Principal Bankers	Bank of Ireland 177 Drimnagh Road Walkinstown Dublin 12
Solicitors	F.M. O'Reilly & Co. Red Church Phibsboro Dublin 7

STATEMENT OF
FINANCIAL ACTIVITIES(Incorporating an Income and Expenditure Account)
for the financial year ended 31 December 2023

Notes	Unrestricted Funds		Restricted Funds	Unrestricted Funds	Restricted Funds	Total	
	2023	2023					2023
	€	€	€	€	€	€	
Incoming Resources							
Voluntary Income	3.1	9,690	5,380	15,070	-	1,713	1,713
Charitable activities							
Grants from governments and other co-funders	3.2	-	1,195,294	1,195,294	-	1,207,477	1,207,477
Activities for generating funds	3.3	130,624	21,778	152,402	161,802	-	161,802
Total incoming resources		140,314	1,222,452	1,362,766	161,802	1,209,190	1,370,992
Resources Expended							
Charitable activities	4.1	184,190	1,120,638	1,304,828	44,091	1,108,407	1,152,498
Other expenditure	4.2	-	38,899	38,899	2,006	38,921	40,927
Total Resources Expended		184,190	1,159,537	1,343,727	46,097	1,147,328	1,193,425
Net incoming/outgoing resources before transfers		(43,876)	62,915	19,039	115,705	61,862	177,567
Other recognised gains/(losses):							
Surplus/(deficit) for the financial year		(43,876)	62,915	19,039	115,705	61,862	177,567
Unrealised gains/(losses) on investments	7	-	305,562	305,562	-	-	-
Net movement in funds for the financial year		(43,876)	368,477	324,601	115,705	61,862	177,567
Reconciliation of funds							
Total funds beginning of the year		346,631	239,566	586,197	230,926	177,704	408,630
Total funds at the end of the year		302,755	608,043	910,798	346,631	239,566	586,197

The Statement of Financial Activities includes all gains and losses recognised in the financial year. All income and expenditure relate to continuing activities.

Approved by the Board of Directors on 28 June 2024 and signed on its behalf by:



Mary-Jane Halpin
Director



Colum Ward
Director

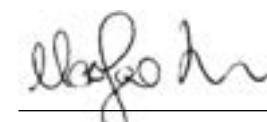
BALANCE
SHEET

as at 31 December 2023

Notes	2023	2022	
	€	€	
Fixed Assets			
Tangible assets	7	1,046,562	770,798
Current Assets			
Stocks	8	27,396	30,798
Debtors	9	59,491	63,007
Cash at bank and in hand	10	519,240	491,642
		606,127	585,447
Creditors: Amounts falling due within one year	11	(362,382)	(368,761)
Net Current Assets		243,745	216,686
Total Assets less Current Liabilities		1,290,307	987,484
Grants receivable	12	(379,509)	(401,287)
Total Net Assets		910,798	586,197
Funds			
Restricted trust funds		608,043	239,566
Designated funds (Unrestricted)		302,755	346,631
Total funds		910,798	586,197

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland", applying Section 1A of that Standard.

Approved by the Board of Directors on 28 June 2024 and signed on its behalf by:



Mary-Jane Halpin
Director



Colum Ward
Director

OUR FUNDERS IN 2023

Many thanks to the Oblate Community of St. Michael's who continue to facilitate us with the use of the DeMazenod Centre for our group work.

Pro-bono work by a number of organisations greatly appreciated.



**An Roinn Dlí agus Cirt
agus Comhionannais**
Department of Justice
and Equality



**An Roinn Leanaí
agus Gnóthaí Óige**
Department of Children
and Youth Affairs



**Comhairle Cathrach
Bhaile Átha Cliath**
Dublin City Council



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